

2026 09



Junior Curlers & Parents,

Some guidelines for equipment:

- clean running shoes or boots. **Curlers must carry the shoes they are going to wear on the ice, not wear them outside.**
- loose fitting stretchy slacks (sweats are great - not jeans)
- warm loose fitting jacket or sweater
- warm gloves or mitts
- We do have sliders & brooms the juniors can use to start with.

The cost for Junior Instructional League is \$ 85 for the season. Registration online at pagcc.ca – curling – registration. Payment can be made by e-transfer to pagcc@sasktel.net or at the office by cash, debt/credit card or cheque.

We will also have Information & Registration Days on September 23 & 29 from 12:00 – 2:00 & 5:00 – 8:00 each day.



Monday &/or Wednesday Instruction & League: For juniors ages 11 - 19

The Junior curling will begin **Monday, October 19 or Wednesday October 21 - 4:30 - 5:30 pm** and will continue until March. There will not be curling during the holidays. Students may come Monday or Wednesdays or both.

The Novice group (1st year curlers) will not likely be on the ice the first week. We will be inside learning some of the basic curling movements and strategies. The next few weeks we will work in groups learning the basics of the curling delivery, strategies and sweeping techniques. Junior curlers will later be put on teams and curl games.

New this year –

U15 Junior League -Wednesdays 7:00 pm – for juniors 15 years old or younger – must have some curling experience.

This league is aimed for grade 6 – 8 students with curling experience. We are hoping to involve students from Shellbrook, Christopher Lake & surrounding area in this league as well. PAG&CC must be registered in the Junior Instructional League.

We will need some parents/guardians/teachers to help with supervising. Training will be provided. If you are able to help us, please let us know.



PAG&CC also is offering Adult Learn to Curl sessions – Wednesdays at 7:00 pm starting October 19 along with their many leagues.

If you have any questions or concerns, feel free to contact us.
Pat Bibby – 961-5353 or call the Curling Office at 765-5201.

